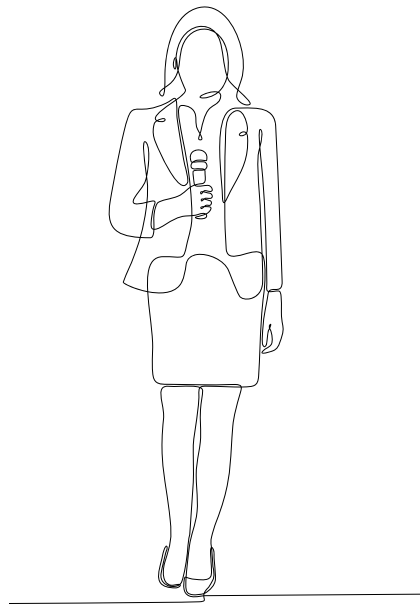


# how to select employees for the SIY organizational teacher training

Curating a list of individuals to apply to the SIY teacher training will support your organization to see a strong return on investment *and* support program implementation as you begin to scale and grow this work.

There are several personas you may want to consider inviting in to create an ideal cohort. This is not exhaustive nor exclusive; your organization will have specific and unique needs. You may for example need more than one of each persona, for example several 'teachers' and 'influencers' but only one 'leader'. We encourage you to think mindfully about the personas that will serve this work well in your workplace:

## the leader



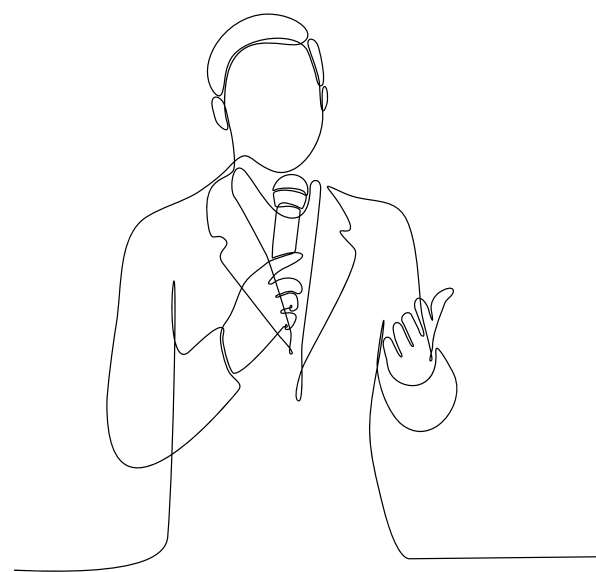
A person who holds a **position of power within the company**, someone who may not have the time to teach a lot of programs, but having their commitment to SIY helps build the case and sets a precedence for this work. They only teach a couple of programs a year which may be for senior leadership or other key stakeholders.

## the influencer



A person who people in the workplace respect and listen to. They are **active in the workplace community** and when they share an initiative, colleagues listen.

## the teacher



A **natural facilitator and educator**, someone who is going to command the presence of the room and teach with confidence and ease, a go-to teacher.

## the champion



An employee who **deeply believes that mindfulness-based EI will service the workplace** and they are committed to being a catalyst for this work.

## the organizer



A systems thinker who **understands the infrastructure of your workplace** and can be influential in envisioning and creating systems to scale SIY.